

Get Up and Grow! A programme of Conservation Volunteering and Learning about Wildlife.



Mid Norfolk Conservation Volunteers December 2017 to January 2018

If you would like a lift to the site from Dereham please book (see bottom of next page) and meet at 10.45am outside Dereham Post Office, Quebec Street (near Quebec Road), Dereham, Norfolk, NR19 2AA, returning there at 2.45pm. Sessions run from 11.15am to 2.15pm on site.

Mobile number to contact us on the day: 07843 069 567

Date	Site	Activity	Where to meet us on site (if coming by car or bike) at 11.15am
Friday 1 st December	Longham	Something to pond-er: digging out the wetland areas.	Site entrance (small driveway near white cottage about halfway between Chapel Road and Roofing Merchant's yard), on Hoe Road, Longham, NR19 2RP (TF944160). Parking at Village Hall nearby on Chapel Lane.
Friday 8 th December	Bawdeswell Heath	There upon the Bawdeswell Heath – to cut back birch.	Bawdeswell Heath car park, on Dereham Road between Swanton Morley and the A1067, near NR20 4RH (TG 032 200).
Friday 15 th December	Foxley Wood	The ancient craft of coppicing.	Foxley Wood nature reserve – 1 st (most northerly) car park after public entrance, Themelthorpe Road, Foxley, NR20 4QR (TG 049 229).
Friday 22 nd December	A bit of a 'do'	A walk round old North Elmham walk then a celebration at Bawdeswell Village Hall	North Elmham playing field car park, B1110 Holt Road (near junction with B1145), North Elmham, NR20 5JA (TF 984 207).
Friday 29 th December	* NO TASK *	*** NO TASK *** Merry Xmas and a Happy New Year...	*** NO TASK *** Back next week at Foxley...

Please turn over for next month...

Mid Norfolk Conservation Vomunteers

December 2017 to January 2018

Date	Site	Activity	Where to meet us on site (if coming by car or bike) at 11.15am
Friday 5 th January	Foxley Wood	Coppice has been going on for hundreds of years here – and we're still not finished!	Foxley Wood nature reserve – 1 st (most northerly) car park after public entrance, Themelthorpe Road, Foxley, NR20 4QR (TG 049 229).
Friday 12 th January	Mayfields	New year, new tasks? Or possibly carrying on with the boardwalk and claypit ponds.	Mayfields Farm car park, Reepham Road (between Peddlars Turnpike and Kerdiston Road), Foulsham, NR20 5PS (TG 053 245). WC.
Friday 19 th January	Foxley Wood	The sky is a hazel shade of winter – must be time to coppice the hazel trees then...	Foxley Wood nature reserve – 1 st (most northerly) car park after public entrance, Themelthorpe Road, Foxley, NR20 4QR (TG 049 229).
Friday 26 th January	Blenheim Grange	Laurel wreaths all round? Clearing laurel and making a woodland path.	Spar car park, access via Lancaster Avenue off roundabout from B1108 Norwich Road, Watton, IP25 6JU (TF 937 007).

BOOKING

You don't usually have to book unless you want a lift from Dereham. If you would like a lift, or you would find it helpful to ask us anything before coming on a project for the first time, please do contact us - see below. This project is open to anyone over 18 unless you have any unspent convictions for sexual or violent offences.

MEETING POINTS

If you would like a map, or directions to the site, please contact us. Transport MAY be available from Dereham Post Office if booked in advance, returning to the same place at the end of the session. We do our best to keep to time, but due to traffic etc, all timings are approximate.

WE PROVIDE

All tools, protective equipment and tea/coffee are provided, please bring your own snack or lunch for breaktime if you wish. If a site has toilets this is indicated on the programme by 'WC' in the 'Site Meeting Point' column.

PLEASE WEAR

Old work clothes, suitable for the weather. If you have them, please bring reasonably sturdy shoes or boots, and rainwear. Spare waterproofs and wellingtons MAY be available if needed. We provide work gloves.

TETANUS

Please check if your tetanus inoculation is up to date.

Group contact details: 07546 722 454 mncv@protonmail.com www.tcv.org.uk/norfolk

Mid Norfolk Conservation Volunteers c/o CRT, Mayfields Farm, Reepham Road, Foulsham, Dereham, Norfolk, NR20 5PP.